Supplementary material 1. Searching strategy

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| OAB | UI | LUTS | Fluid modification | Caffeine intake |
| "Urinary Bladder, Overactive"[Mesh] OR "Overactive Bladder" OR "bladder, overactive" OR ("Bladder" AND "Overactive") OR "Overactive Urinary Bladder" OR “overactive urinary bladder” OR (“urinary” AND “bladder” AND “overactive”) OR "Overactive Detrusor" OR “detrusor, overactive” OR ("Detrusor" AND "Overactive") OR "Overactive Detrusor Function" OR “detrusor function, overactive” OR ("Detrusor" AND "Function" AND "Overactive") OR “urinary urgency” OR (“urinary” AND “urgency”) OR “urinary frequency” OR (“urinary” AND “frequency”) | "Urinary Incontinence"[Mesh] OR "Urinary Incontinence, Stress"[Mesh] OR "Urinary Incontinence, Urge"[Mesh] OR "Incontinence, Urinary" OR ("Incontinence" AND "Urinary") OR "Urinary Stress Incontinence" OR "Incontinence, Urinary Stress" OR "Stress Incontinence, Urinary" OR (“urinary” AND “incontinence” AND “stress”) OR "Urinary Reflex Incontinence" OR "Incontinence, Urinary Reflex" OR (“urinary” AND “reflex” AND “incontinence”) OR "Urinary Urge Incontinence" OR “urinary incontinence, urge” OR (“urinary” AND “incontinence” AND “urge”) OR "Urge Incontinence" OR "Incontinence, Urge" OR (“urge” AND “incontinence”) | "Lower Urinary Tract Symptoms"[Mesh] OR "Dysuria"[Mesh] OR "Nocturia"[Mesh] OR "Prostatism"[Mesh] OR "lower Urinary Tract Symptoms" OR (“lower” AND “urinary” AND “tract” AND “symptom”) OR "incomplete voiding" OR "voiding, incomplete" OR (“incomplete” AND “voiding”) OR "urinary incompetence" OR "incompetence, urinary" OR ("urinary" AND "incompetence") OR "slow urinary stream" OR "urinary stream, slow" OR ("slow" AND "urinary" AND "stream") | "Drinking"[Mesh] OR "Drinking Water"[Mesh] OR "Fluid Therapy"[Mesh] OR "drinking\*" OR “water consumption\*” OR (“water” AND “consumption\*”) OR “water intake\*” OR (“water” AND “intake\*”) OR “consumption of liquids” OR (“consumption” AND “liquids”) OR “therapy, fluid” OR “fluid therapies” OR “therapies, fluid” OR “oral rehydration therapy” OR “therapy, oral rehydration” OR "rehydration therapy, oral" OR ("oral" AND "rehydration" AND "therapy") OR “oral rehydration therapies” OR “rehydration therapies, oral” OR “therapies, oral rehydration” OR ("oral" AND "rehydration" AND "therapies") OR "rehydration\*" OR “oral rehydration\*” OR “rehydration\*, oral” OR ("oral" AND "rehydration\*") OR (“fluid” AND “therapy") OR “fluid intake\*” OR (“fluid” AND “intake\*”) OR “modify fluid intake\*” OR (“modify” AND “fluid” AND “intake\*”) OR “fluid manipulation\*” OR (“fluid” AND “manipulation\*”) OR “fluid management” OR (“fluid” AND “management”) OR “fluid restriction\*” OR (“fluid” AND “restriction\*”) OR “adequate hydration\*” OR (“adequate” AND “hydration\*”) OR “beverage intake” OR (“beverage” AND “intake”) OR “fluid consumption\*” OR (“fluid” AND “consumption\*”) OR "fluid modification\*" OR ("fluid" AND "modification\*") OR "fluid intake intervention\*" OR ("fluid" AND "intake" AND "intervention\*") | "Caffeine"[Mesh] OR “caffeine restriction” OR (“caffeine” AND “restriction”) OR “caffeine intake” OR (“caffeine” AND “intake”) OR "caffeine consumption" OR ("caffeine" AND "consumption") OR "caffeine modification" OR ("caffeine" AND "modification") OR "caffeine intake management" OR ("caffeine" AND "intake" AND "management") OR "caffeine intake intervention" OR ("caffeine" AND "intake" AND "intervention") |

LUTS, lower urinary tract symptoms; OAB, overactive bladder; UI, urinary incontinence.